

About us

The Association of Mental Health in Education exists to provide training, continuing professional development, networking and representation for leads in schools or colleges. Established by a consortium originally developed to deliver training for mental health leads, the Association is administered by The Root Of It and supported by the British Psychological Society, Society of Occupational Medicine and Open Awards. The consortium of training providers covers England and includes local authorities, mental health support teams, psychology services and other local training providers.

Benefits of accessing courses from the Association of Mental Health in Education:

- ✓ delivered by local or specialist trainers
- ✓ turn learning into impact in learner's setting
- ✓ one year's CPD included
- ✓ gain a qualification
- ✓ be a part of something bigger.

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the **root**
of it

Advanced Designated Mental Health Lead Courses

from the Association of Mental Health in Education

Supporting local delivery of courses to make a *real* difference to *your* staff and pupils



A pathway for Mental Health Leads to become an Advanced Mental Health Lead & gain a Level 4 qualification

Supported by:



The British Psychological Society



Course aims

To reflect on the topics relating to a Designated Mental Health Lead role in more depth and develop learner's skills, knowledge and understanding.

Course contents

The course is for established Mental Health Leads and contains nine modules. Each module is followed by activities in a portfolio to help embed the learning in the leader's setting.



- Department for Education role requirements
- Internal and external stakeholders
- Support for mental health leads
- Culture and ethos
- Cultural factors affecting mental health
- Supporting cultural change
- Challenging bias, stigma or prejudice
- Supporters and blockers
- Values and attitudes
- Pupil voice in provision planning
- Pupil voice in provision implementation
- Peer-led mental health initiatives
- Coproduction
- Barriers to engagement with parents, carers and families
- Supporting wellbeing at home
- Supporting wellbeing in the local community
- Supporting staff wellbeing
- Coronavirus and mental health
- Stress and role risk assessments
- Staff training
- Identifying evidence-based resources and resource quality assessments
- Adverse childhood experiences
- Identification of difficulties
- Referral route for support
- Referral outcomes
- Whole-setting mental health provision
- Screening and tracking wellbeing and mental health difficulties
- Role of different mental health professionals
- Local services (statutory and independent)
- Common questionnaires used by mental health professionals
- Good practice for making referrals
- Relationships and Health Education/Relationships, Sex and Health Education curriculum

Who is this course for?

This course is aimed at staff who have been appointed to the role of pupil mental health or wellbeing lead, or those who seek to be appointed to the role. For those unfamiliar with the role expectations, we recommend completing the Introductory course first as this Advanced course focuses on reflecting and refining provision.

This course is also suitable for senior leaders who also have some oversight of staff wellbeing.

Assessment and Qualification

Participants receive an attendance certificate, but can complete a portfolio to earn a certificate as an Advanced Mental Health Lead, and also a Level 4 Certificate in Mental Health Aware Leadership from Open Awards.

Benefits of attending this course

- Improved knowledge
- Increased skills with dealing with resistance
- Improved skills with engaging with pupil voice, parents, carers, families and the community
- Assess resources and interventions for effectiveness
- Increased confidence to advise others
- Evidence of good practice
- Review mental health protocols
- More in-depth understanding of mental health professionals
- Accreditation



For individual booking please head to www.amhie.com. For group bookings, please contact our team on **02381 120010** or info@rootofit.com.