

Advanced Designated Mental Health Lead

A three-day course that helps you to understand the role of the Mental Health Lead and reflect on the refinement and improvement to existing systems and processes to meet the requirements, whilst also providing a supportive culture and ethos. Delivered via Teams, days run from 9-3., or self-study option available

1 18TH NOV, 14TH
JAN & 26TH FEB

2 9TH MARCH, 20TH
MAY & 16TH JUNE

Self-Study Courses

Introduction to the
Mental Health Lead

Intermediate Mental
Health Lead

Supporting you to meet the wellbeing needs of those you work with through a range of professional development opportunities

[Go to amhie.com to book](https://amhie.com)

Designated Governor

A half-day course to help governors understand their duties and how they can assist the school or setting. Delivered via Teams, days run from 1-4



25TH NOVEMBER
13TH JUNE

Assistant Mental Health Leader

A one-day course to train and prepare those supporting the mental health lead. Delivered via Teams, days run from 9-3.



13TH OCTOBER
24TH FEBRUARY

FLAGSHIP EVENTS

Regional Mental Health in Education Shows

Bringing the experts to you with these intimate, supportive and valuable events. Select from a menu of talks & workshops to create the day that helps you. Free for AMHIE Paid Members. Days run from 9.30-3

Peterborough 23rd June 2025



Basingstoke November 2025



Newcastle March 2026



Peterborough June 2026

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Mental Health CPD Sessions

Half-day sessions with a particular focus for established leaders

2nd October

AM - Implementing a Mental Health strategy
PM - Action Planning

1st May

AM - Cross-curricular Approaches
PM - Working with Pupils, Families and Communities

29th June

AM - Monitoring and Reporting Mental Health Strategy
PM - Staff Wellbeing

Children/Young Person's mentoring

Social and emotional mentor training for Learning Mentors, teaching assistants, or those providing interventions from The Mentoring School

1 17th October 2025, 28th November, 8th January 2026

2 20th April 2026, 18th May, 15th June